

Celebrate Minnesota Spring en Plein Air

Joshua Cunningham

Supply List, 2021

Outdoor Painting Easels - *There is no shortage of choices for outdoor painting easels like the classic French easel, a pochade box w/tripod, or Gloucester easel or any number of variations. Julian and Mabef make fine French Easels. I would avoid most others. Painting is challenging enough without fighting with your easel. I primarily use a Mabef French Easel or an Alla Prima Pochade box.*

Oil Paints

Williamsburg, Windsor Newton, Holbein, Gamblin, Old Holland - *There are many excellent paint companies; I have used the five brands above. I use what is called a prismatic palette, which I learned from Joe Paquet.*

- **Flake White** (Williamsburg), **Silver White** (Holbein), **Lead White** or **Titanium White**
- **Cadmium Yellow Lemon**
- **Cadmium Yellow Light**
- **Cadmium Yellow**
- **Cadmium Yellow Deep**
- **Cadmium Orange**
- **Cadmium Red Light**
- **Cadmium Red**
- **Alizarin Crimson or Permanent Crimson**
- **Manganese Blue Nova (Hue)** (Holbein) or **Manganese Blue** (Old Holland)
- **Cobalt Blue**
- **French Ultramarine Blue**
- **Ivory Black**
- **Phthalo Green**
- **Raw Umber** (Old Holland & Williamsburg) – *is used to prepare panels. Mix with white and a bit of Gamsol to a light warm tone similar to, but lighter than, a paper grocery bag and apply as a wash thinly and evenly over canvas/linen panels 4-5 days before painting.*

Painting Mediums / Solvents

- **Gamsol** (solvent) - *I usually begin with mostly Gamsol and a little safflower oil. On a larger, multiple session painting, I slowly increase the ratio of oil depending upon the viscosity of the surface. I will occasionally use a little Gamblin Solvent Free Liquid Medium with mostly Gamsol (25%/75%). It speeds up the drying time, which can be nice for layering paint. That does mean it will dry faster on your brushes and palette as well.*
- **Gamblin** - *Safflower Oil, Poppy Oil, Refined Linseed Oil, Walnut Oil, or Cold Pressed Linseed Oil*
- **Gamblin Solvent Free Liquid Medium** - *Eco-friendly Solvent-Free Fluid Medium gives oil paints a more fluid consistency and moderately speeds drying time.*
- **Gamblin Solvent Free Gel Medium** - *Made from safflower oil and alkyd resin, eco-friendly Gamblin Solvent-Free Gel gives colors more gloss, flow, and transparency, yet holds the shape of brushstrokes. It has a moderately fast drying rate.*

Brushes

- **Long Bristle Flats** (2 of each) #2,#4,#6,#8,#10,#12 – *(If your budget is limited – sizes 2,4, 6, and 8)*
- **Richeson Grey Matter**
- **Robert Simmons - Signet Raphael - Series #359**
- **Rosemary & Company SERIES 279. MASTERS CHOICE LONG FLATS** - *I would not recommend these as a total replacement for the bristle brushes). Smaller rounds and rigger brushes can be nice for some finer things, but a corner edge of a flat will work.*

Panels / Canvas

- Recommended sizes in inches: two of the smaller and two of the larger - (at least 2) of 6x8, 8x10, and (at least 2) of 9x12, 11x14, 12x16 *(For smaller panels – I like a less bumpy linen or canvas).*
- Tara Fredrix Archival Canvas Board or Linen Board Arteflex, New Traditions Panels, Raymar Panels - Claessens Belgian Linen 12, 13 or 15 (larger sizes). *Lakeside Studios in Wisconsin also makes excellent panels.*

Additional Items

- **Umbrella** - *EASyL, (this is not the only solution, but it is my favorite) Julian, and Guerilla Painter offer some.*
- **Palette** - *French easels and Pochades usually have one. Do not buy a tradition round one that you will hold. It is an additional thing to carry and holding a palette all day will inevitably lead to pain.*
- **Palette Cup(s)** - *Avoid ones that narrow at the top – they can be tough for larger brushes.*
- **Palette Knife** - *For the purposes of this workshop we will primarily use them for scrapping down the palette & paintings more than mark making or mixing.*
- **Sketchbook/Notebook** - *I would recommend one around 6x8 or 5x9 with the binding on the short for 'landscape' orientation. Spiral can be nice on location because the pages fold back, but they can get wonky in the backpack.*
- **Brush washer** – *I recommend one by Holbein. You get what you pay for and leaky brush washers are no fun.*
- **Brush Soap** - *Jack's Linseed Studio soap. Winsor & Newton – Brush Cleaner & Restorer (for the procrastinators) – be very careful with it – it will take the finish off most things*
- **Mirror** - *A plastic black mirror is good – but your smart phone can act like one. It is nice to freshen your eye by reversing your subject and your painting.*
- **Paper Towels** - *We use them for all sorts of things, so get good ones – I like Viva and Bounty. They will be your paint eraser, your brush shaper, palette polisher, and your stain remover.*
- **Trash Bag** - *The plastic bags from grocery and convenience stores like Target work well. ArtWorks Essentials offer a foldable reusable garbage receptacle.*
- **Backpack/Messenger Bag** - *Nothing too big, or else you will fill it with needless "just in case" items.*
- Recommended "just in case" items:
 - **Bungee Cords**
 - **Duct Tape**
 - **Multi-tool** *(like a Leatherman)*
 - **Hat** - *It should shade your eyes, because it can be hard to see value and color with sunglasses. If it also shades your neck and ears, all the better.*
 - **Bug spray**
 - **Sunblock**
 - **Lip balm**

- **Water Bottle** - *Some kind of refillable water bottle that you can drink from is preferable.*

**Look at the forecast and dress for the day's weather...not just the high or the low. Remember you will be standing/sitting still.*

Online Resources – this list is neither exclusive or exhaustive

Wet Paint Art Supplies <https://www.wetpaintart.com>

SourceTek <https://www.canvaspanels.com>

New Traditions <http://www.newtraditionsartpanels.com>

Lakeside Studio <http://www.lakesidestudioart.com/artist-painting-panels.html>

Alla Prima Pochade <https://allaprimapochade.com>

ArtWork Essentials <http://www.artworkessentials.com>