

A Declaration

Today I make, among other things, a declaration of positivity.

I have had enough of the doubting, worrying, and second guessing.

I am done letting negativity keep my head on a constant swivel, looking for the next
threat.

I am done worrying so arduously about tomorrow's rain, that i miss today's sunshine.
Society has conditioned me to believe that i must wait for good things to happen before
i celebrate them,

but dwell on bad things long before they occur.

However, at this very moment, these fingers rattle against this keyboard to say that i
am done with that as well.

From this day forward, I refuse to let Worry's creeping, crawling, insect like minions
climb their way into my mind.

I'll keep the light on when i sleep so The Shadows of Doubt will have no dark wall or
corner to hide.

The Oceans of Sadness won't find me as i reside in the midwest.

When the weatherman says it's going to rain i wont find my umbrella.

I won't because i have this deep, guttural feeling that i'll walk outside tomorrow and see
nothing but blue skies.

This blindingly uplifted point-of-view may seem idealistic, but there is nothing wrong with
that.

Practicality is so impractical when you're looking for a smile